



1
00:00:08,870 --> 00:00:03,990
station this is houston are you ready

2
00:00:14,310 --> 00:00:12,070
we are ready for the event

3
00:00:18,150 --> 00:00:14,320
troy school district this is houston

4
00:00:22,950 --> 00:00:20,630
station this is dr barbara fowler with

5
00:00:27,349 --> 00:00:22,960
detroit school district how do you hear

6
00:00:45,590 --> 00:00:29,189
we have you loud and clear welcome

7
00:00:51,430 --> 00:00:49,590
on behalf of the entire troy community

8
00:00:53,110 --> 00:00:51,440
i would like to welcome you and thank

9
00:00:55,110 --> 00:00:53,120
you for this great honor

10
00:01:02,630 --> 00:00:55,120
you have some students here with us that

11
00:01:07,670 --> 00:01:04,710
my name is allison and this question is

12
00:01:09,910 --> 00:01:07,680
for commander williams

13
00:01:15,990 --> 00:01:09,920

what time zone do you use and when is

14

00:01:19,429 --> 00:01:17,830

that's a great question time's difficult

15

00:01:21,830 --> 00:01:19,439

to manage up here because we don't have

16

00:01:24,550 --> 00:01:21,840

the normal day night cycle that we have

17

00:01:27,350 --> 00:01:24,560

on earth we usually work on greenwich

18

00:01:29,670 --> 00:01:27,360

mean time or the time in england

19

00:01:31,510 --> 00:01:29,680

and we get up at six o'clock in the

20

00:01:34,310 --> 00:01:31,520

morning typically and go to bed about

21

00:01:36,870 --> 00:01:34,320

ten at night that's about six hours

22

00:01:39,109 --> 00:01:36,880

earlier than your time but we also shift

23

00:01:41,910 --> 00:01:39,119

to different time zones for different

24

00:01:43,910 --> 00:01:41,920

events like spacewalks or an arriving

25

00:01:45,910 --> 00:01:43,920

vehicle for example this friday we have

26

00:01:48,789 --> 00:01:45,920

a progress a russian progress supply

27

00:01:51,190 --> 00:01:48,799

ship coming and we're going to shift and

28

00:01:53,270 --> 00:01:51,200

go to bed about six hours early get up

29

00:01:54,870 --> 00:01:53,280

about six hours early for that and then

30

00:01:57,270 --> 00:01:54,880

we're also going to shift a little bit

31

00:01:58,709 --> 00:01:57,280

more to the left earlier

32

00:02:04,950 --> 00:01:58,719

for a shuttle

33

00:02:10,869 --> 00:02:07,270

my name is hayden and this question is

34

00:02:12,550 --> 00:02:10,879

for for flight engineer creamer

35

00:02:19,110 --> 00:02:12,560

how do you keep your muscles in shape in

36

00:02:22,710 --> 00:02:20,470

hayden that's an

37

00:02:24,550 --> 00:02:22,720

awfully important question because we

38

00:02:25,589 --> 00:02:24,560

want to stay healthy and when we land we

39

00:02:26,790 --> 00:02:25,599

want to be strong enough to get out of

40

00:02:28,470 --> 00:02:26,800

the vehicle and if we have any

41

00:02:31,110 --> 00:02:28,480

emergencies we want to be able to to

42

00:02:33,110 --> 00:02:31,120

depart the vehicle under our own power

43

00:02:36,470 --> 00:02:33,120

so keeping our muscles strong is a good

44

00:02:37,990 --> 00:02:36,480

thing and so literally we lift weights i

45

00:02:40,309 --> 00:02:38,000

know that sounds funny for a weightless

46

00:02:42,790 --> 00:02:40,319

environment but we have a weightlifting

47

00:02:44,790 --> 00:02:42,800

machine here that we use another force

48

00:02:46,309 --> 00:02:44,800

other than gravity to provide us with

49

00:02:48,390 --> 00:02:46,319

resistance in this case we're lifting

50

00:02:50,630 --> 00:02:48,400

against a vacuum we're pulling plungers

51
00:02:53,190 --> 00:02:50,640
against a vacuum and it we can lift up

52
00:02:55,270 --> 00:02:53,200
to about 500 pounds or so

53
00:02:57,110 --> 00:02:55,280
the equivalent thereof and and the other

54
00:02:59,589 --> 00:02:57,120
thing we do is we exercise by by running

55
00:03:00,949 --> 00:02:59,599
and biking on on machines that let us do

56
00:03:05,350 --> 00:03:00,959
that so that we stay healthy good

57
00:03:09,430 --> 00:03:07,110
my name is rebecca and my question is

58
00:03:11,990 --> 00:03:09,440
for flight engineer naguchi do you have

59
00:03:15,030 --> 00:03:12,000
any superstitions or traditions before

60
00:03:19,670 --> 00:03:17,509
surgery

61
00:03:21,750 --> 00:03:19,680
yeah very uh interesting question yeah

62
00:03:23,670 --> 00:03:21,760
there's a lot of uh the customs or

63
00:03:26,710 --> 00:03:23,680

tradition for launch one thing i

64

00:03:28,869 --> 00:03:26,720

remember for our soyuz launches

65

00:03:31,509 --> 00:03:28,879

before we set up for long trouble

66

00:03:33,830 --> 00:03:31,519

russians have to sit on the on the on

67

00:03:36,550 --> 00:03:33,840

the seat for a very brief amount of time

68

00:03:39,670 --> 00:03:36,560

so we're dressed up and ready for going

69

00:03:42,309 --> 00:03:39,680

to the launch pad uh tj and i both sit

70

00:03:44,070 --> 00:03:42,319

in a small room and sit down and sit and

71

00:03:54,149 --> 00:03:44,080

then set for go so that was an

72

00:03:58,869 --> 00:03:56,789

our names are jonathan emily and this

73

00:04:00,710 --> 00:03:58,879

question is for commander williams what

74

00:04:07,990 --> 00:04:00,720

would you do if you need surgery in

75

00:04:11,509 --> 00:04:10,550

well that's a very good question we have

76

00:04:21,110 --> 00:04:11,519

a

77

00:04:23,510 --> 00:04:21,120

flight surgeons on the ground to help us

78

00:04:25,830 --> 00:04:23,520

out in the case we have a medical

79

00:04:27,110 --> 00:04:25,840

problem an emergency or an illness or

80

00:04:28,710 --> 00:04:27,120

sickness

81

00:04:30,550 --> 00:04:28,720

but we're also

82

00:04:32,230 --> 00:04:30,560

all checked out very thoroughly before

83

00:04:36,550 --> 00:04:32,240

the flight to make sure we're medically

84

00:04:39,430 --> 00:04:36,560

qualified and that really reduces the uh

85

00:04:42,150 --> 00:04:39,440

the chances of having appendicitis for

86

00:04:44,790 --> 00:04:42,160

example as you said but if we if

87

00:04:51,030 --> 00:04:44,800

necessary we are equipped and trained to

88

00:04:55,510 --> 00:04:52,950

my name is brittany and this question is

89

00:05:01,830 --> 00:04:55,520

for flight engineer creamer what do you

90

00:05:06,070 --> 00:05:03,830

well there's a lot of things we do

91

00:05:07,430 --> 00:05:06,080

when we have enough time to do that

92

00:05:09,590 --> 00:05:07,440

if nothing else

93

00:05:11,189 --> 00:05:09,600

there's great views out our window we

94

00:05:13,270 --> 00:05:11,199

can take wonderful pictures and that are

95

00:05:14,550 --> 00:05:13,280

just sometimes all inspiring because

96

00:05:15,909 --> 00:05:14,560

looking out on the earth is just

97

00:05:17,670 --> 00:05:15,919

inspiring

98

00:05:19,430 --> 00:05:17,680

perhaps you've heard several all three

99

00:05:21,590 --> 00:05:19,440

of us have been twittering so we we can

100

00:05:28,469 --> 00:05:21,600

actually surf the internet and find the

101
00:05:33,110 --> 00:05:30,710
my name is sashika and this question is

102
00:05:35,189 --> 00:05:33,120
for flight engineer noguchi

103
00:05:41,990 --> 00:05:35,199
what would happen if you took non-dried

104
00:05:48,310 --> 00:05:44,310
yeah very good question usually we only

105
00:05:50,710 --> 00:05:48,320
have a space food like a can or the

106
00:05:53,029 --> 00:05:50,720
freeze-dried items but when we have a

107
00:05:55,749 --> 00:05:53,039
new space vehicle arriving to the space

108
00:05:57,749 --> 00:05:55,759
station they usually have some kind of

109
00:05:58,550 --> 00:05:57,759
fresh food you know russian usually like

110
00:06:00,950 --> 00:05:58,560
uh

111
00:06:02,870 --> 00:06:00,960
onions or garlicks and the space shuttle

112
00:06:04,950 --> 00:06:02,880
usually brings like tomatoes or

113
00:06:06,870 --> 00:06:04,960

grapefruits those kind of things so

114

00:06:09,350 --> 00:06:06,880

we are really looking forward to having

115

00:06:14,629 --> 00:06:09,360

a russian progress vehicle and the space

116

00:06:18,390 --> 00:06:16,230

my name is fabio and this question is

117

00:06:24,710 --> 00:06:18,400

for commander williams does capillary

118

00:06:28,790 --> 00:06:26,550

it does work in microgravity in fact we

119

00:06:30,469 --> 00:06:28,800

use capillary action

120

00:06:32,070 --> 00:06:30,479

you see i've got a medical experiment

121

00:06:34,309 --> 00:06:32,080

strapped on me now

122

00:06:36,309 --> 00:06:34,319

sometimes we have to draw our own blood

123

00:06:37,990 --> 00:06:36,319

and some sometimes we draw a lot of

124

00:06:38,950 --> 00:06:38,000

blood but other times we just prick our

125

00:06:40,790 --> 00:06:38,960

finger

126
00:06:42,790 --> 00:06:40,800
to do a blood test and we use the little

127
00:06:45,430 --> 00:06:42,800
glass tubes and use capillary

128
00:06:47,029 --> 00:06:45,440
actions to fill the tube

129
00:06:48,790 --> 00:06:47,039
it's actually very interesting because

130
00:06:50,790 --> 00:06:48,800
if you separate out gravity you can do

131
00:06:59,430 --> 00:06:50,800
some very interesting experiment

132
00:07:03,589 --> 00:07:01,350
my name is tyrone and this question is

133
00:07:10,629 --> 00:07:03,599
for flight engineer creamer

134
00:07:14,390 --> 00:07:12,150
that that's a really

135
00:07:16,550 --> 00:07:14,400
very practical question we can't really

136
00:07:18,950 --> 00:07:16,560
take a shower here the way we are

137
00:07:21,270 --> 00:07:18,960
currently configured if if you spray

138
00:07:23,350 --> 00:07:21,280

water water doesn't know how to go down

139

00:07:24,629 --> 00:07:23,360

a drain because there's no up and down

140

00:07:25,909 --> 00:07:24,639

i mean it just goes bouncing all over

141

00:07:27,350 --> 00:07:25,919

the place and that can be bad if the

142

00:07:28,550 --> 00:07:27,360

water goes into electrical circuits and

143

00:07:29,430 --> 00:07:28,560

that kind of stuff so what we end up

144

00:07:30,870 --> 00:07:29,440

doing

145

00:07:32,469 --> 00:07:30,880

is we end up using a little bit of soap

146

00:07:35,110 --> 00:07:32,479

a little bit of shampoo and a little bit

147

00:07:36,309 --> 00:07:35,120

of water and we use basically a

148

00:07:37,029 --> 00:07:36,319

sponge bath

149

00:07:40,390 --> 00:07:37,039

we

150

00:07:42,469 --> 00:07:40,400

down

151
00:07:47,909 --> 00:07:42,479
we are not quite ready yet to do actual

152
00:07:52,469 --> 00:07:49,990
my name is alex and this question is for

153
00:07:54,390 --> 00:07:52,479
flight engineer naguchi

154
00:07:58,629 --> 00:07:54,400
how do you clean the space station when

155
00:08:00,710 --> 00:07:58,639
all the particles are floating around

156
00:08:02,950 --> 00:08:00,720
floating around

157
00:08:05,350 --> 00:08:02,960
yeah very important question uh

158
00:08:07,749 --> 00:08:05,360
we usually do the cleaning

159
00:08:09,589 --> 00:08:07,759
saturday morning and we have a special

160
00:08:12,550 --> 00:08:09,599
vacuum cleaner

161
00:08:15,830 --> 00:08:12,560
and usually all the dust are usually

162
00:08:17,909 --> 00:08:15,840
collected in the air intake of the

163
00:08:20,469 --> 00:08:17,919

air conditioner so everything all the

164

00:08:22,309 --> 00:08:20,479

small particles up to like spoons

165

00:08:30,790 --> 00:08:22,319

everything goes to the the filter so

166

00:08:36,550 --> 00:08:33,350

hi my name is shiva priya and this

167

00:08:38,829 --> 00:08:36,560

question is for commander williams

168

00:08:42,949 --> 00:08:38,839

have you ever worked with animals in

169

00:08:49,509 --> 00:08:42,959

space and if so what kind of experiments

170

00:08:55,269 --> 00:08:52,150

well we have had animals in space just a

171

00:08:58,150 --> 00:08:55,279

couple of months ago we sent home some

172

00:08:59,829 --> 00:08:58,160

mice that were up here for oh three or

173

00:09:01,269 --> 00:08:59,839

four months or so

174

00:09:02,470 --> 00:09:01,279

and the experiment that we were doing

175

00:09:05,030 --> 00:09:02,480

with them they

176

00:09:07,269 --> 00:09:05,040

had to do with bone loss

177

00:09:08,710 --> 00:09:07,279

or bone density loss you know that's one

178

00:09:10,310 --> 00:09:08,720

of the things that we're very interested

179

00:09:12,230 --> 00:09:10,320

in in a weightless environment our bones

180

00:09:13,910 --> 00:09:12,240

get weaker because the calcium leeches

181

00:09:16,070 --> 00:09:13,920

out of our bones and we want to

182

00:09:17,910 --> 00:09:16,080

understand that process so we can

183

00:09:21,030 --> 00:09:17,920

prevent it from happening

184

00:09:23,350 --> 00:09:21,040

for future long duration flights to

185

00:09:25,990 --> 00:09:23,360

back to the moon or even to places like

186

00:09:28,310 --> 00:09:26,000

mars so that's one recent example that

187

00:09:29,670 --> 00:09:28,320

we've had that we've all had also had

188

00:09:32,389 --> 00:09:29,680

small

189

00:09:34,470 --> 00:09:32,399

microorganisms

190

00:09:37,190 --> 00:09:34,480

studying dna and the effects of

191

00:09:38,630 --> 00:09:37,200

weightlessness on the formation of of

192

00:09:40,150 --> 00:09:38,640

dna

193

00:09:43,190 --> 00:09:40,160

and you might have heard recently in the

194

00:09:45,430 --> 00:09:43,200

news that we hatched out some

195

00:09:47,829 --> 00:09:45,440

caterpillars which eventually turned

196

00:09:49,430 --> 00:09:47,839

into butterflies and we observed them go

197

00:09:55,190 --> 00:09:49,440

through their transformation in this

198

00:09:59,829 --> 00:09:57,509

my name is blake and this question is

199

00:10:01,990 --> 00:09:59,839

for flight engineer creamer

200

00:10:09,430 --> 00:10:02,000

how do you get in and out of the space

201
00:10:14,389 --> 00:10:13,030
that is an extremely important question

202
00:10:15,910 --> 00:10:14,399
when the shuttle comes up and you get to

203
00:10:18,790 --> 00:10:15,920
watch what's going on you'll see a

204
00:10:20,870 --> 00:10:18,800
couple of spacewalks going on and i

205
00:10:22,470 --> 00:10:20,880
think they're doing three total

206
00:10:24,230 --> 00:10:22,480
and what those guys do when they go

207
00:10:26,150 --> 00:10:24,240
outside is they go into a tiny little

208
00:10:27,990 --> 00:10:26,160
room and close the door and that tiny

209
00:10:30,470 --> 00:10:28,000
little room is called an airlock

210
00:10:32,630 --> 00:10:30,480
and when they go into that airlock

211
00:10:34,550 --> 00:10:32,640
it's just about big enough to fit two

212
00:10:36,310 --> 00:10:34,560
guys

213
00:10:38,230 --> 00:10:36,320

in their spacesuits and the equipment so

214

00:10:40,150 --> 00:10:38,240

it's not a whole lot of air

215

00:10:42,230 --> 00:10:40,160

that's left in there and when we close

216

00:10:44,069 --> 00:10:42,240

that second door we end up pumping out

217

00:10:46,069 --> 00:10:44,079

the air back into space station so we

218

00:10:47,990 --> 00:10:46,079

don't lose that air out into space and

219

00:10:50,150 --> 00:10:48,000

then just the very last little bit when

220

00:10:51,829 --> 00:10:50,160

they open up the door to go outside

221

00:10:53,350 --> 00:10:51,839

into space is what that little tiny

222

00:10:55,430 --> 00:10:53,360

little bit of air is what we lose so we

223

00:11:02,550 --> 00:10:55,440

we tried our best to retain all the air

224

00:11:07,509 --> 00:11:04,470

my name is billy and this question is

225

00:11:14,310 --> 00:11:07,519

for flight engineer naguchi do you think

226

00:11:20,150 --> 00:11:17,350

uh absolutely not actually uh the

227

00:11:22,790 --> 00:11:20,160

launching and landing is both fun i flew

228

00:11:25,110 --> 00:11:22,800

in space shuttle uh five years ago and

229

00:11:27,430 --> 00:11:25,120

that time both landing

230

00:11:29,590 --> 00:11:27,440

launching and landing was extremely fun

231

00:11:32,470 --> 00:11:29,600

and i'm i'm really looking forward to

232

00:11:38,550 --> 00:11:32,480

the soyuz spacecraft landing this time

233

00:11:44,790 --> 00:11:41,030

our names are arushi and noah and this

234

00:11:47,430 --> 00:11:44,800

question is for commander williams

235

00:11:49,350 --> 00:11:47,440

what kind of emergencies do you face on

236

00:11:54,389 --> 00:11:49,360

the space station and how might you

237

00:11:58,710 --> 00:11:56,710

that's another great question we uh have

238

00:12:01,990 --> 00:11:58,720

three types of emergencies that we

239

00:12:04,310 --> 00:12:02,000

prepare a lot for one is a fire

240

00:12:06,629 --> 00:12:04,320

another one is a depressurization or a

241

00:12:09,910 --> 00:12:06,639

leak and then the third one is some kind

242

00:12:11,590 --> 00:12:09,920

of a poisonous spill or toxic spill into

243

00:12:13,910 --> 00:12:11,600

the atmosphere all three things would be

244

00:12:15,750 --> 00:12:13,920

very bad for us so we do a lot to

245

00:12:18,470 --> 00:12:15,760

prepare for those we have equipment on

246

00:12:19,590 --> 00:12:18,480

board we have engineers and teams on the

247

00:12:20,949 --> 00:12:19,600

ground

248

00:12:24,230 --> 00:12:20,959

that help

249

00:12:26,230 --> 00:12:24,240

prepare the equipment and the procedures

250

00:12:28,790 --> 00:12:26,240

to deal with those things

251
00:12:31,350 --> 00:12:28,800
we have had a couple of false alarms and

252
00:12:34,150 --> 00:12:31,360
minor incidences related to that in the

253
00:12:36,629 --> 00:12:34,160
history of the space station

254
00:12:38,389 --> 00:12:36,639
and so we have had to respond and

255
00:12:40,629 --> 00:12:38,399
thankfully they've been either minor or

256
00:12:42,389 --> 00:12:40,639
false alarms we think we're in pretty

257
00:12:44,230 --> 00:12:42,399
good shape though to handle those things

258
00:12:45,829 --> 00:12:44,240
but those are the those are the kinds of

259
00:12:47,590 --> 00:12:45,839
emergencies that we would

260
00:12:53,829 --> 00:12:47,600
be most concerned about on board the

261
00:12:58,710 --> 00:12:56,230
my name is wesley and this question is

262
00:13:01,350 --> 00:12:58,720
for flight engineer creamer

263
00:13:04,230 --> 00:13:01,360

how fast does the iss travel around the

264

00:13:09,990 --> 00:13:04,240

earth and is it the same speed as the

265

00:13:13,829 --> 00:13:12,150

good a good physics question

266

00:13:15,910 --> 00:13:13,839

um i can answer it a couple different

267

00:13:17,430 --> 00:13:15,920

ways in the first way i can answer it

268

00:13:19,829 --> 00:13:17,440

it's probably the best for you guys to

269

00:13:23,350 --> 00:13:19,839

understand how fast we're moving we go

270

00:13:24,310 --> 00:13:23,360

around the earth about every 90 minutes

271

00:13:26,069 --> 00:13:24,320

and so

272

00:13:27,910 --> 00:13:26,079

that should answer the second question

273

00:13:29,750 --> 00:13:27,920

we don't rotate as fast we actually

274

00:13:31,750 --> 00:13:29,760

rotate faster

275

00:13:32,949 --> 00:13:31,760

and then to give you a miles an hour

276

00:13:37,269 --> 00:13:32,959

we're

277

00:13:39,189 --> 00:13:37,279

here or just outside the atmosphere area

278

00:13:41,189 --> 00:13:39,199

at about 17

279

00:13:49,110 --> 00:13:41,199

500 miles an hour which is about five

280

00:13:53,269 --> 00:13:50,870

my name is patrick and this question is

281

00:13:55,030 --> 00:13:53,279

for flight engineer naguchi

282

00:13:57,350 --> 00:13:55,040

given the effects of low gravity on the

283

00:13:59,430 --> 00:13:57,360

human body will it be possible to live

284

00:14:04,629 --> 00:13:59,440

for extended periods in colonies on

285

00:14:08,550 --> 00:14:06,470

yeah very good question and i i think

286

00:14:11,110 --> 00:14:08,560

the answer is yes so uh now the

287

00:14:13,670 --> 00:14:11,120

commander williams is here for 120 days

288

00:14:16,710 --> 00:14:13,680

and we're in space like 40 days and

289

00:14:19,030 --> 00:14:16,720

we're every day exercising to counteract

290

00:14:21,829 --> 00:14:19,040

with you know bone loss and

291

00:14:24,150 --> 00:14:21,839

muscle loss and i think in the future uh

292

00:14:27,030 --> 00:14:24,160

mankind can expand their possibility

293

00:14:34,470 --> 00:14:27,040

beyond the lowers orbit into moon or

294

00:14:38,150 --> 00:14:36,230

my name is rodwell and this question is

295

00:14:40,550 --> 00:14:38,160

for commander williams do you have to

296

00:14:45,910 --> 00:14:40,560

drive this space station while it's in

297

00:14:49,910 --> 00:14:48,150

well thankfully the computers do most of

298

00:14:52,150 --> 00:14:49,920

that for us and we have flight

299

00:14:53,430 --> 00:14:52,160

controllers on the ground both in moscow

300

00:14:55,750 --> 00:14:53,440

and houston

301
00:14:57,110 --> 00:14:55,760
that work together and coordinate with

302
00:14:59,829 --> 00:14:57,120
each other

303
00:15:01,189 --> 00:14:59,839
to keep the computers programmed for the

304
00:15:02,550 --> 00:15:01,199
different maneuvers and the different

305
00:15:04,389 --> 00:15:02,560
attitudes that the

306
00:15:06,389 --> 00:15:04,399
space station has to be in

307
00:15:13,590 --> 00:15:06,399
so for the most part we're hands off

308
00:15:17,910 --> 00:15:15,590
my name is mallory and this question is

309
00:15:20,150 --> 00:15:17,920
for flight engineer creamer how is the

310
00:15:26,470 --> 00:15:20,160
social aspect of life on the iss

311
00:15:30,230 --> 00:15:27,990
well the first thing i should say is

312
00:15:31,910 --> 00:15:30,240
there are a lot of similarities um

313
00:15:33,110 --> 00:15:31,920

we are a crew of five our two russian

314

00:15:34,150 --> 00:15:33,120

crewmates are at the other end of the

315

00:15:35,670 --> 00:15:34,160

moment

316

00:15:38,790 --> 00:15:35,680

and

317

00:15:40,870 --> 00:15:38,800

our job on on board is to make sure that

318

00:15:43,430 --> 00:15:40,880

our operations our mission is successful

319

00:15:45,189 --> 00:15:43,440

and part of that is working with all our

320

00:15:47,590 --> 00:15:45,199

friends the three of us and then our two

321

00:15:49,509 --> 00:15:47,600

russian compadres

322

00:15:51,990 --> 00:15:49,519

so that interaction is just like we do

323

00:15:54,389 --> 00:15:52,000

on earth when we work as a team together

324

00:15:56,710 --> 00:15:54,399

the uniqueness of being up here is we

325

00:15:58,629 --> 00:15:56,720

get to share an experience that not many

326

00:15:59,829 --> 00:15:58,639

people get to get to

327

00:16:01,030 --> 00:15:59,839

to do

328

00:16:02,470 --> 00:16:01,040

accomplish

329

00:16:04,470 --> 00:16:02,480

and we can also look out the window and

330

00:16:07,110 --> 00:16:04,480

look on the earth that is just amazing

331

00:16:09,509 --> 00:16:07,120

to see from this perspective but also we

332

00:16:12,790 --> 00:16:09,519

can't go away from station so we have to

333

00:16:15,910 --> 00:16:12,800

kind of invent our own uh humor our own

334

00:16:17,670 --> 00:16:15,920

diversions and our own sharings um and

335

00:16:18,949 --> 00:16:17,680

as a result of that because we are

336

00:16:20,629 --> 00:16:18,959

isolated like this it's a little bit

337

00:16:25,990 --> 00:16:20,639

different than the social aspects on

338

00:16:30,870 --> 00:16:27,910

my name is catherine and this question

339

00:16:33,430 --> 00:16:30,880

is for flight engineer naguchi

340

00:16:36,629 --> 00:16:33,440

when when you come back to earth after

341

00:16:37,590 --> 00:16:36,639

being in space for so long do you feel

342

00:16:44,310 --> 00:16:37,600

dizzy

343

00:16:46,230 --> 00:16:44,320

or heavy or anything unusual

344

00:16:49,030 --> 00:16:46,240

yeah very good question

345

00:16:51,829 --> 00:16:49,040

i remember last time i flew to space and

346

00:16:55,189 --> 00:16:51,839

come back i feel like uh

347

00:16:58,230 --> 00:16:55,199

you know my uh gravity sensing uh

348

00:17:00,790 --> 00:16:58,240

function is very reduced so uh like

349

00:17:03,590 --> 00:17:00,800

every time i turn my head left and right

350

00:17:06,069 --> 00:17:03,600

i feel like the whole world is spinning

351

00:17:08,549 --> 00:17:06,079

and that kind of sensation lasts like

352

00:17:11,350 --> 00:17:08,559

like a week or so and after that we

353

00:17:14,230 --> 00:17:11,360

can re-adapt it back to the 1g so

354

00:17:15,590 --> 00:17:14,240

i am expecting the same type of effect

355

00:17:22,390 --> 00:17:15,600

when i come back

356

00:17:26,630 --> 00:17:24,230

my name is brad and this question is for

357

00:17:28,309 --> 00:17:26,640

commander williams would a small fire

358

00:17:33,350 --> 00:17:28,319

spread in the space station or would it

359

00:17:38,310 --> 00:17:36,470

well the space station is designed uh to

360

00:17:41,029 --> 00:17:38,320

contain fires actually it's designed

361

00:17:43,830 --> 00:17:41,039

first to prevent fires and then if one

362

00:17:45,830 --> 00:17:43,840

were to occur to uh to contain it as you

363

00:17:49,029 --> 00:17:45,840

know a fire needs an ignition source

364

00:17:50,950 --> 00:17:49,039

fuel and oxygen our oxygen levels are

365

00:17:53,350 --> 00:17:50,960

the same as what you're breathing right

366

00:17:54,710 --> 00:17:53,360

now down there so they're not so high

367

00:17:56,150 --> 00:17:54,720

that uh

368

00:18:00,789 --> 00:17:56,160

to

369

00:18:03,590 --> 00:18:00,799

from the oxygen

370

00:18:05,350 --> 00:18:03,600

most of the materials on board are not

371

00:18:07,110 --> 00:18:05,360

prone to burn

372

00:18:09,430 --> 00:18:07,120

so we don't have a lot of what you would

373

00:18:12,390 --> 00:18:09,440

call fuel on board

374

00:18:15,270 --> 00:18:12,400

and we try to keep iso or ignition

375

00:18:17,510 --> 00:18:15,280

sources from from being exposed

376

00:18:19,430 --> 00:18:17,520

to potential fuels and oxygen so you

377

00:18:20,710 --> 00:18:19,440

know if we were to have a fire most you

378

00:18:22,150 --> 00:18:20,720

know most likely if we were to have

379

00:18:23,990 --> 00:18:22,160

something it would be an electrical

380

00:18:25,830 --> 00:18:24,000

short or something like that

381

00:18:28,789 --> 00:18:25,840

the systems are designed to remove the

382

00:18:31,110 --> 00:18:28,799

electricity to cut off oxygen sources we

383

00:18:31,830 --> 00:18:31,120

do have oxygen lines they would be cut

384

00:18:34,470 --> 00:18:31,840

off

385

00:18:36,549 --> 00:18:34,480

just in case it was an oxygen fire

386

00:18:38,390 --> 00:18:36,559

it wouldn't continue to be fed

387

00:18:39,909 --> 00:18:38,400

so like i said we're in pretty good

388

00:18:45,350 --> 00:18:39,919

shape system wise

389

00:18:49,590 --> 00:18:47,350

my name is yemen and this question is

390

00:18:51,510 --> 00:18:49,600

for flight engineer creamer what is the

391

00:18:57,830 --> 00:18:51,520

most unexpected thing you have seen

392

00:19:02,230 --> 00:19:01,190

most unexpected thing i've seen well

393

00:19:04,230 --> 00:19:02,240

maybe i should tell you about the most

394

00:19:07,430 --> 00:19:04,240

unexpected thing that i'm aware of that

395

00:19:08,950 --> 00:19:07,440

has happened up here um we when we sleep

396

00:19:10,470 --> 00:19:08,960

we don't lay down because there's no up

397

00:19:11,350 --> 00:19:10,480

and down we actually

398

00:19:12,789 --> 00:19:11,360

sleep

399

00:19:14,470 --> 00:19:12,799

in this orientation that we're standing

400

00:19:15,590 --> 00:19:14,480

right now or floating right now in a

401
00:19:17,830 --> 00:19:15,600
sleeping bag

402
00:19:19,750 --> 00:19:17,840
but after you've been asleep for a while

403
00:19:22,230 --> 00:19:19,760
you kind of feel like you're laying down

404
00:19:23,990 --> 00:19:22,240
and then when my alarm goes off and my

405
00:19:25,029 --> 00:19:24,000
alarm clock is right here right next to

406
00:19:27,430 --> 00:19:25,039
my ear

407
00:19:29,590 --> 00:19:27,440
i still have this desire to sit up and

408
00:19:32,070 --> 00:19:29,600
when i sit up i'm looking now to my

409
00:19:34,070 --> 00:19:32,080
right to find the alarm and even though

410
00:19:36,310 --> 00:19:34,080
i'm sleeping in basically the size of a

411
00:19:38,549 --> 00:19:36,320
telephone booth i'm lost completely in

412
00:19:40,390 --> 00:19:38,559
the dark i can't find my alarm it's just

413
00:19:41,590 --> 00:19:40,400

that orientation change

414

00:19:43,270 --> 00:19:41,600

and it's happened i've been here for a

415

00:19:45,270 --> 00:19:43,280

month and it's happened every morning

416

00:19:51,029 --> 00:19:45,280

the alarm's gone off i can't find my

417

00:19:55,510 --> 00:19:53,110

well to everyone involved this has been

418

00:19:57,590 --> 00:19:55,520

a once-in-a-lifetime experience for us

419

00:19:59,990 --> 00:19:57,600

our thoughts will be with you always and

420

00:20:02,230 --> 00:20:00,000

we appreciate your service on behalf of

421

00:20:15,669 --> 00:20:02,240

our community and our nation thank you

422

00:20:19,270 --> 00:20:17,350

thank you very much for coming on board

423

00:20:22,070 --> 00:20:19,280

today it was a pleasure to have you join

424

00:20:24,470 --> 00:20:22,080

us and we wish you all the best and kids

425

00:20:26,310 --> 00:20:24,480

study hard

